

**PROGRAMME SPECIFIC OUTCOME**  
**P.G. DIPLOMA IN NUTRITION AND DIETETICS**

PSO1-To develop in the learner an understanding of the importance of nutrition and diet in maintaining health;

PSO2- Course provides an in-depth look into the three energy-yielding macronutrients - carbohydrates, proteins and lipids;

PSO3- It provides a comprehensive look into the life sustaining chemical processes that occur in our cells are essential for our bodies to grow, maintain their structures and respond to their environments;

PSO4- To impart an overview of micronutrients and antioxidants and an insight into their absorption, metabolism and excretion as well as the effects of their deficiency and toxicity on human health;

PSO5- It gives deep knowledge about lifestyle and nutritional assessment techniques to assist clients in understanding how they perceive and relate to food as part of their lives;

PSO6-It produces caring, innovative dietetic leaders, practitioners and entrepreneurs to meet the complex needs of the evolving health care system;