

DAV COLLEGE FOR GIRLS, YAMUNA NAGAR

BEST PRACTICES

7.2.1 - Describe two best practices successfully implemented by the Institution as per

I. TITLE OF THE PRACTICE: PROMOTION OF RESEARCH AND SKILL ENHANCEMENT FOR ACADEMIC EXCELLENCE AND EMPLOYABILITY.

(a) Objectives:

The College is committed to provide a stimulating and active learning environment with a vision to inculcate the idea of obtaining Academic Excellence and employability through research and skill development with following objectives:

- Encourage Teachers and students to engage in research and innovative activities.
- To develop an eco-system for skill development and employability.
- Encourage the students to learn new skills through experimental, applied learning projects and entrepreneurial activities to translate the knowledge into practice.
- To integrate teaching and research by involving the faculty members for publication of quality research work with ethics and integrity.
- To expand the existing knowledge by providing practical solutions to different problems in pedagogy while improving teaching & learning practices.

(b) The Context:

It is important to promote research and skill enhancement in education as it focuses on the creation of new ideas and perspectives and leads to capacity building. The quality of research work directly translates into the quality of teaching and learning in the classroom, thereby benefiting the students, the society and the country. Skill development and research promotion is important to create productive environment for quality research in sciences and humanities and innovations in the new technologies for better employment opportunities.

(c) The Practice:

- The College has sufficient infrastructure and a congenial atmosphere for the students as well as the faculty members for their active participation in innovative and research based activities and skill development workshops. The digitally upgraded library provides access to e-publications through INFLIBNET and DELNET networks.
- Research & Development Cell promotes research in the field of sciences, commerce and humanities. The college publishes two peer-reviewed multidisciplinary research journals – Coherence and National Research Journal of Social Sciences.
- Participation of faculty members through presentations of research papers in national and international seminars and conferences.
- The Incubation, Skill development & Employment Generation Cell and IPR Cell organises skill development programmes by involving maximum number of students in the skill development and IPR awareness activities.
- 52 Memorandum of Understanding (MOUs) with institutes, NGOs and industries have been signed by various departments which facilitated organizing skill development workshops for the students.

(d) Evidence of Success:

The research engagement has helped us achieve:

- Research and Development Cell, IPR Cell, Women Studies Centre, Gandhian Study Centre, Nehru Studies Centre and Incubation, Skill Development and Employment generation Cell actively organize various activities.
- 11 Research Projects funded by government and non-government agencies.
- 04 workshops/seminars conducted on Research Methodology and Intellectual Property Rights (IPR).
- Publication of 02 journals - National Research Journal of Social Sciences and Coherence.
- 15 Research Papers, 03 Books and 07 chapters in various books have been published.
- 11 Collaborative activities of internship organized during the year.
- 52 MoUs signed which are operational.
- Incubation, Skill Development and Employment Generation Cell organized 04 workshops on Folk Arts, Skill development training, Entrepreneurship workshop for start-ups.
- Various skill development workshops for practical training to the students were organized by Department of English, Fashion Designing, Economics and Psychology.
- Many students were able to start their own business/work and many got campus placement.

(e) Problems:

- Still better infrastructural facilities are needed because technology is fast changing.
- Shortage of grants and funds for the college by the government.

II. TITLE OF THE PRACTICE: PROMOTING HOLISTIC DEVELOPMENT AND YOUTH ENGAGEMENT

(a) Objectives:

- (i) To inculcate vedic values and the traditions for holistic development.
- (ii) To develop good physical and mental health practices for healthy and longer lives.
- (iii) To engage the young minds of women for bringing a positive change in the society.
- (iv) To provide equal opportunities to all students for their overall development.

(b) Context:

In view of growing physical and psychological ailments and social challenges, it is imperative to train youth in traditional ayurvedic knowledge of yoga and naturopathy practices which play a vital role in the promotion of health and longevity. Our institution facilitates the young women to learn the traditional knowledge and share it with society through the social outreach programmes.

(c) The Practice:


- There is regular prayer in the College attended by all the faculty members and students every day.
- The College encourages the students to adopt the tradition of performing yajnas/hawan. The ritual of hawan rooted in the vedic culture is performed on various occasions. Classes are also organized to teach the essence of sacred ritual, enunciate the mantras correctly and perform yajna (hawan). Students also participate in various competitions of performing hawan.
- Yoga is offered as a subject at UG & PG levels. The Department of Yoga offers best facilities for yogic kriyas and asanas, panchkarma & naturopathy. Facility of Panchkarma, Steam Bath, Sauna Bath, Mud therapy is available in well-equipped Panchkarma lab. Consultation and treatments are given by qualified staff. Yoga exercises and Pranayam camps are regularly organized for better selfcontrol and disciplined life.
- The facility of GYM and Swimming Pool is also available.
- The counselling and meditation centre of the College helps to facilitate calm mind, focused attention and emotional well-being of the students. It encourages the ability to connect to an inner source of energy, relaxation and rejuvenation.
- The institution organises various social outreach programmes for active youth engagement.

(d) Evidence of Success:

- A peaceful and spiritual environment is created for better concentration of the students and teachers.
- Students are able to perform hawans independently and chant mantras correctly which helps to develop team spirit among students. They also participate in hawan competitions organised by other institutes.
- Outside patients treated in Panchkarma and yoga centres for back pain, body pain & migraine.
- Different extension and outreach Programs were conducted in collaboration with industry, community and Non- Government Organizations through NSS/ NCC/ Red Cross/ YRC & Yoga department during the year.
- Visits to old age home and Bal Kunj to inculcate a sense of community service; cleanliness drives; pledge taking on various important days; rallies and awareness programs like CPR training, first aid training and disaster management were arranged for youth engagement.
- More than 200 activities were organised to ignite the talent of students.

(e) Problems:

- There is lack of time due to semester system and examinations twice a year.


 Principal (Officiating)
 D.A.V. College for Girls
 Yamuna Nagar (Haryana)

D.A.V. COLLEGE FOR GIRLS, YAMUNANAGAR

Record of College Activities from October 2022

S.N.	DATE	NAME OF THE ACTIVITY
1.	October 01 and 03, 2022	Talent show
2.	October 04, 2022	Visit to Old Age Home
3.	October 04, 2022	Workshop on 'Self Reliance and Youth Livelihood
4.	October 04, 2022	Tie and Die Competition
5.	October 04, 2022	Speech Competition by Gandhian Studies Centre
6.	October 04, 2022	Prize winners of Essay writing & Poster making competition
7.	October 07, 2022	Retirement party of Mrs. Anjana Arora
8.	October 07, 2022	Red Ribbon Club won 3 rd prize at District level Quiz in Khalsa College
9.	October 08, 2022	Sweets, sprout chat and pizza preparation
10.	October 08, 2022	Reuse of Plastic activity
11.	October 08, 2022	2 nd & 3 rd prize in District level Science quiz at MLN College
12.	October 08, 2022	Slogan writing Competition
13.	October 08, 2022	Rangoli competition
14.	October 10, 2022	Nukkad Natak on World Mental Health Day
15.	October 11, 2022	Extension lecture on 'Entrepreneurship Mindset'
16.	October 11, 2022	Mehendi Competition
17.	October 11, 2022	5-Days Training Programme on Mahindra Pride Classroom
18.	October 12, 2022	Exhibition of Handmade articles under Earn while you learn
19.	October 12, 2022	Mehendi Mela
20.	October 12, 2022	Arrangement of Handmade nutritious sweets
21.	October 13, 2022	Slogan writing competition during World Mental Health Week
22.	October 14, 2022	One-day webinar on 'Understanding Emotions and Behaviour Reactions'
23.	October 14, 2022	Awareness rally on World Suicide Prevention Day
24.	October 14, 2022	Badge ceremony of Student Council
25.	October 14, 2022	Bronze medal in second All India Art Competition
26.	October 17, 2022	Collage making Competition on 'Naari Shakti ka Prateek'
27.	October 17, 2022	Extension lecture on 'Business Opportunities in Mutual Fund Distribution'
28.	October 17, 2022	Making of cakes and cupcakes with chocolate ganache
29.	October 18, 2022	One-day seminar on 'Understanding Emotions and Behaviour Reactions'
30.	October 18, 2022	Extension lecture on 'Career Orientation'
31.	October 18, 2022	Gold medal in Haryana State Open Power Lifting Tournament at Panchkula
32.	October 19, 2022	29 th District level Youth Festival
33.	October 19, 2022	Prize winners in National Media fest at Chitkara University
34.	October 20, 2022	Making of chocolates by Rotractors
35.	October 20, 2022	Workshop on resume makings
36.	October 21, 2022	Making of Dhokla
37.	October 21, 2022	Fund raising by the students of Rotaract Club
38.	October 21, 2022	First position in Thali Decoration at Govt. College Karnal
39.	October 21, 2022	Principal Dr. Meenu Jain was the honoured chief guest at Vivekian Model UN 2.0
40.	October 31, 2022	Pledge on Rashtriya Ekta Diwas
41.	October 31, 2022	Awareness Programme on Crop Residue Management
42.	November 01, 2022	One-day trip to Dehradun
43.	November 03, 2022	Skill Enhancement Training Programme
44.	November 03, 2022	Havan in college premises
45.	November 03-04, 2022	Life Skill Development Programme
46.	November 07, 2022	Lecture On Indian Culture
47.	November 07-09, 2022	Zonal Youth Festival
48.	November 12, 2022	Library Orientation Programme
49.	November 14, 2022	Quiz Competition On "Nehru and Indian Constitution"
50.	November 15, 2022	Declamation Contest On "Janjatiya Gaurav Diwas"
51.	November 17, 2022	Extension Lecture on "Skills to Crack Competitive Exams"

52.	November 18,2022	Slogan-writing & Poster-making Competition on "National Journalism Day
53.	November 18,2022	Extension Lecture on " Digital Marketing-The Future Prospects"
54.	November 18,2022	Celebrating "National Naturopathy Day" at Gurukul Kurukshetra
55.	November 18,2022	Inauguration of 7 Days First-aid Camp in Hostel Campus
56.	November 19,2022	Tech Talent Hunt
57.	November 19,2022	Spellathon Contest
58.	November 19,2022	Workshop on " Depression among Youth- Identification, Recognition and Management"
59.	November 19,2022	Gold and Bronze Medal at District Tournaments at Tejli Sports Complex
60.	November 22,2022	A Visit to Municipal Corporation
61.	November 22,2022	One Day National Conference on Communication Skills
62.	November 22,2022	Celebration Of Geeta Abhiprerna Saptaah
63.	November 23,2022	Powepoint Presentation Competition
64.	November 25,2022	Prizes in IT TECH FEST GMN College Ambala
65.	November 25,2022	Closing ceremony of 7-days First-aid camp at Hostel
66.	November 26,2022	Workshop on "Succeeding Globally Through International Education and Engagement"
67.	November 26,2022	Oath ceremony on Constitution Day
68.	November 26,2022	Seminar on Employability
69.	November 27,2022	One-day trip to Mussoorie
70.	November 29- Dec 01, 2022	Vocational Training on Milk & Milk products
71.	November 29,2022	Investiture ceremony and an Extension lecture on "Skills for Midas Touch"
72.	November 30,2022	Cyber Raahgiri cum Workshop on "Cyber Crime Awareness"
73.	December 02,2022	Workshop on "Entrepreneurship-a Guide to Startup"
74.	December 02,2022	Prize in model in Physics in district level exhibition at Pehwa
75.	December 02,2022	Extension lecture on 'Statistics and its applications'
76.	December 05,2022	Placement drive by Tech Mahindra
77.	December 08,2022	Training session on 'BIS Quality Connect'
78.	December 09,2022	Slogan & Poster making competition on 'Discrimination against women'
79.	December 09,2022	Gallery on 'Gender Sensitization' and Extension lecture on 'Discrimination against women'
80.	December 10,2022	Science exhibition
81.	December 10,2022	Ethnic wear traditional competition
82.	December 12,2022	2-days educational & recreational trip to Shimla
83.	December 12,2022	Draping Competition
84.	December 12,2022	Students participated in 4 th International 'Yog, Yajya aur Ayurved' seminar at Dev Sanskriti Vishav Vidyalaya, Haridwar
85.	December 13,2022	Meri Bhasha , Mera Hastakshar
86.	December 15,2022	Visit to Garment industries OMEGA IMPEX and PARRY GEE in Ludhiana
87.	December 17,2022	'Film Making Workshop'
88.	December 19,2022	Seminar on 'Matra Bhasha ka Mahatav'
89.	December 20,2022	Awareness campaign on Education opportunities for school students
90.	December 22,2022	Biopic of Srinivasa Ramanujan 'The Man who knew Infinity' on National Mathematics Day
91.	December 23,2022	Online lecture to use BIS for door door to campaign
92.	January 06, 2023	Badge and Flag off ceremony for youth volunteers
93.	January 22, 2023	Magician Shankar show
94.	January 26, 2023	Celebration of Republic Day
95.	January 26, 2023	Inaugural of NSS Special Camp on Health ,Hygiene and Fitness
96.	February 01,2023	Lohri Celebration
97.	February 02,2023	Closing Ceremony of Seven Day Special Camp on Health ,Hygiene and Fitness
98.	February 04,2023	A Visit to Oriental Engg Works Ltd
99.	February 04,2023	Second Prize in National Level Havan Yajana Competition Organised by Sohanlal DAV College of Education
100.	February 05,2023	A student won Gold medal in Karate state championship
101.	February 07,2023	One Day Seminar on QA Automation
102.	February 08-09,2023	2-Days Art & Craft workshop

103.	February 10,2023	A series of lectures on the occasion of 200 th Birth Anniversary of Maharishi Dayanand Saraswati
104.	February 10,2023	A student won consolation position at 'Sanskriti ke rang' International Painting Competition
105.	February 12,2023	All the DAV Institutes celebrated the 200 th Birth Anniversary of Maharishi Dayanand Saraswati
106.	February 13,2023	Celebration of World Radio Day
107.	February 13,2023	Awareness camp on 'Women Rights in India'
108.	February 13,2023	National Deworming Programme
109.	February 14,2023	National level Online Solo Singing Competition on the occasion of Basant Panchami
110.	February 15,2023	1-day seminar on Career Orientation and Pre-placement program
111.	February 15,2023	Extension lecture on 75 lakhs Suryanamaskar Programme and 200 th birth anniversary of Maharishi Dayanand Saraswati
112.	February 16,2023	1-day NSS camp on Swachh Bharat Abhiyan
113.	February 16,2023	A visit to Aaganwadi Centre at Jagadhri
114.	February 20,2023	Workshop on 'Creative writing'
115.	February 20,2023	1-day Placement drive
116.	February 21,2023	International Mother Tongue Day in collaboration with Guru Gobind Singh study circle
117.	February 22,2023	Students got prize in various competition held at Guru Nanak Khalsa College
118.	February 23,2023	Extension Lecture on 'Aptitude cum Scholarship Test- Must to Identify Student's Strength'
119.	February 23,2023	One-Day Workshop on 'Art of Composition: Emphasis on Indian Music'
120.	February 23,2023	Sports Day in the college
121.	February 24,2023	Recipe Competition
122.	February 24,2023	Workshop on 'Reset Beliefs & Transform Life'
123.	February 24-26, 2023	Trip to Jaipur
124.	February 27- March 03, 2023	Workshop on Folk Art
125.	February 28,2023	Extension Lecture on Say No To Drugs
126.	February 28,2023	Google Doodle Competition & Extension lecture
127.	March 01, 2023	10 Days Women Empowerment Programme by CSR Initiative
128.	March 01, 2023	Extension Lecture on Geographical Indications on Lecture Series- Sensitising & Imparting Awareness about IPR among students
129.	March 01, 2023	Slogan writing competition on 'Gender Discrimination & HIV Aids- A Social Stigma'
130.	March 02, 2023	National Level Wall Painting Competition
131.	March 02, 2023	Workshop on Professional Skills & Job Readiness
132.	March 03, 2023	Closing ceremony of 5 Days Workshop on Folk Art
133.	March 04, 2023	Educational tour to Tapan Rehabilitation Society, Karnal
134.	March 04, 2023	Interclass Poster Drawing Competition on G20
135.	March 04, 2023	Holi celebrations in Hostel
136.	March 06, 2023	A visit to Institute of Hotel Management Bhambholi
137.	March 13, 2023	10 Days Women Empowerment Program by CSR Initiative
138.	March 14, 2023	An Extension lecture on Pie Day
139.	March 15, 2023	Celebration of World Consumer Rights Day
140.	March 15, 2023	National level Wall Painting Competition on World Consumer Rights Day
141.	March 15, 2023	Workshop on Cake Icing
142.	March 16, 2023	One day seminar on 'Career Development and Opportunities'
143.	March 17, 2023	An Industrial/ Educational visit to ICAR-NDRI, Karnal
144.	March 22, 2023	Student of BA 3 got 3 rd prize in National level Essay Writing Competition by KVA DAV College for Women, Karnal
145.	March 22, 2023	5-day Camp of NSS Unit 1 & 2 with NGO 'Ek Soch Nai Soch'
146.	March 22, 2023	3 students won prizes in PPT Competition at MLN College on World Water Day
147.	March 22, 2023	3 students won first & consolation prize in inter college Declamation competition by Government PG College, Panchkula
148.	March 24, 2023	Workshop on Case study 'Innovative way of Thinking and analyzing'

149.	March 24, 2023	Paper Reading Competition
150.	March 25, 2023	An Industrial Visit to ISGEC Yamunanagar
151.	March 25, 2023	Workshop on Mud Therapy on National Naturopathy Day
152.	March 26, 2023	Closing ceremony of 5-day Camp of NSS Unit 1 & 2 with NGO 'Ek Soch Nai Soch'
153.	March 27, 2023	Final Assessment by the students of Home science of Bakery & Confectionary
154.	March 27, 2023	Workshop on Demonstration of Usha Sewing Machines
155.	March 28, 2023	Aastha from B.Sc III got 2 nd Prize in Inter College PPT Competition at Guru Nanak Khalsa College, Ynr
156.	April 03, 2023	Women Enrichment Programme on Education: A Vibrant tool for women empowerment today
157.	April 03, 2023	Library orientation session
158.	April 05, 2023	'Har Ghar Dhyam'
159.	April 05, 2023	An Educational Visit to Vidhan Sabha
160.	April 06, 2023	Hawan on reopening of swimming pool
161.	April 06, 2023	A special lecture on success in examination & career planning
162.	April 06-08, 2023	Sakshi from B.A. II won Gold Medal in Inter college Athletics meet at KUK in Javelin throw
163.	April 07, 2023	Anaemia Mukht Bharat Camp
164.	April 07, 2023	Extension lecture on 'Rights of Women- Legal Perspective'
165.	April 08, 2023	Classical Dance Programme Natya Nritya Shrankhla
166.	April 08, 2023	Students of B.A. won medals in different sports events held at KUK
167.	April 11, 2023	Students won running trophy in National level Declamation Contest held at Hindu Girls College, Jagadhri
168.	April 11, 2023	Inter college PPT Presentation Competition
169.	April 12, 2023	Extension lecture 'Screen Time- The Necessary Evil'
170.	April 13, 2023	National Nukkad Natak Divas on the theme 'Women Empowerment' & 'Mental Health'
171.	April 13, 2023	Orientation Programme
172.	April 13, 2023	An industrial visit to Modern Dairies Limited
173.	April 15, 2023	Dr. Padam Singh Sharma Kamlesh Memorial Poetry Competition
174.	April 17, 2023	Speech Competition on the occasion of Dr. Bhimrao Ambedkar's 132 nd birth centenary
175.	April 18, 2023	Workshop on Acupressure
176.	April 19, 2023	Students & staff members were informed about extinguishing the fire by mock drill
177.	April 20, 2023	Fashion Show
178.	April 21-24, 2023	Trip to Mcleodganj, Dharamshala
179.	April 24, 2023	Industrial visit to GM Continental & Shubh Bakery
180.	April 24, 2023	Prize distribution of Inter class Article writing competition
181.	April 24, 2023	Earth day celebration by faculty of Science
182.	April 24, 2023	World Book Day celebration
183.	April 25, 2023	Student of BA II Mass Comm. Got 1 st prize in State level declamation competition at Hindu Girls College, Jagadhri
184.	April 25, 2023	Job Orientation Programme
185.	April 26, 2023	National Level Wall Painting Competition on World Intellectual Property Day
186.	April 26, 2023	Inter class Antakshari Competition
187.	April 26, 2023	Students got 1 st , 2 nd & 3 rd positions in quiz, millet & anchoring competition held at Maharaja Agarsen College
188.	April 29, 2023	Honour Conferring function
189.	May 2, 2023	Farewell party
190.	May 3, 2023	Session Concluding Hawan
191.	May 3, 2023	Diwanshi & Parul from BA II Mass Comm. won Second & Third prize in District level PPT presentation Competition on International Labour Day held at GNG College, YNR
192.	May 4, 2023	Extension lecture on 'How to write research paper'
193.	May 4, 2023	Farewell Party at Hostel

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